## WHAT CAN WE ALL DO???

## Remember that...

Standard light bulbs give off 90 per cent of their energy as heat. New compact fluorescent "spiral" bulbs are 75 per cent more efficient and fit in standard sockets.

If you combined all the "heat leaks" in an average Canadian home, you would have a hole the size of a basketball! Proper weather stripping and caulking of doors and windows can reduce heating bills by 25 per cent.

A typical car produces three times its weight in carbon dioxide emissions – a major greenhouse gas. Light cars produce fewer emissions and cost less. Annual fuel costs average \$648 for a new Volkswagen Jetta and \$2,067 for a Ford Expedition 4x4

Refrigerators are an energy-hogging home appliance. Replacing a 10-year-old refrigerator with a new EnergyStar-approved model would save enough energy to light your home for more than three months.

## Examples of things we can all EASILY do:

- 1. Reduce home energy use by 10%
- 2. Choose an energy-efficient home & appliances
- 3. Don't use pesticides
- 4. Eat meat-free meals one day a week
- 5. Buy locally grown and produced food
- 6. Choose a fuel-efficient vehicle
- 7. Walk, bike, carpool or take transit
- 8. Choose a home close to work or school
- 9. Support alternative transportation
- 10. Learn more and share with others

As summer approaches, we can appreciate the warm weather activities, but we have to realize that for some of us on earth, it may be getting too warm for comfort. Help us at making our pledge to prevent global warming.

G. O'Brien